Airtides



Vol. 56, No. 19 McGuire AFB, NJ May 13, 2005



Drenching potential danger (Left to right) Senior Airman Shawn Nanna and Airman 1st Class William Davidson, 305th Civil Engineer Squadron Fire Protection Flight, hose down a simulated fire in Building 2224 Monday during structural drill training. This training is required once a month and involves hands-on training on the basic principles of fighting structure fires. The rescue crew also conducted search and rescue training.

News

BRAC information available

See page 4

Feature

Major finishes personal academic achievement

See page 13

Air Show

Countdown to McGuire's open house

21 days to go

Weekend Weather



Saturday: High °69 Low °55 Chance of



Sunday: High °69 Low °54 Chance of rain

Force structure, military value at heart of BRAC

By Jim Garamone American Forces Press Service

WASHINGTON (AFPN) -- The U.S. military fighting the war on terrorism is far different from the military forces developed to confront the Soviet Union.

Today's military is smaller than the Cold War force but is already more agile and more flexible.

And experiences in Iraq and Afghanistan show that joint operations allow the military to focus more power, more quickly exactly where it is needed.

The impetus to change will increase in coming years, and the base-realignment-and-closure process will allow Defense Department officials to match force structure with the necessary capabilities

The BRAC process is a chance for the department "to get it right, right now," said a senior defense official. Changes in the global military posture and the need to reduce overhead have combined to offer the military the perfect opportunity to rationalize the military infrastructure to the force structure needed for the future.

The process will also allow the military to improve its efficiency and place emphasis on joint training and operations.

"A primary objective of BRAC 2005 is to examine and implement opportunities for greater jointness," officials said.

The process is meant to allow Defense Secretary Donald H. Rumsfeld and the BRAC commissioners to look across traditional lines to examine the potential for jointness. In fact, in the department, the entire decision-making process is joint at every level, officials said.

There are more than 520,000 DOD-owned facilities worldwide. Some are small plots of land with radio or radar towers.

Others are huge ranges and bases. All are being looked at to determine how each property fits into the new force-structure plan.

This force structure plan, together with statutory selection criteria, will be the basis for all decisions. Developed by the Joint Staff, the plan is based on the new national security and defense strategies.

It looks out 20 years and tries to forecast threats; probable endstrength levels and anticipated funding levels.

The selection criteria were published in the Federal Register in December 2003 and later modified by Congress.

The final selection criteria are set out in the BRAC statute, which specifies that "military value" as the primary consideration in making any closure or realignment decision

Military value is reflected in the first four selection criteria and includes the current and future capabilities needed and the effect on operational readiness of an installation.

This includes the effect an installation has on joint warfighting, joint training and joint readiness.

In addition, military value includes the availability and condition of land, facilities and associated airspace.

Military officials have looked at training areas that will exercise forces in a variety of climates and terrains.

Military value also includes a "surge capability" that allows the department to accommodate mobi-

Finally, military value includes the cost of operations and manpower implications.

The remaining criteria consider the extent and timing of potential costs and savings; the economic effect on existing communities in the vicinity of military installations; the ability of the infrastructure of communities to support forces, missions and people; and finally, the environmental effect, including the effect of costs associated with environmental restoration, waste management and environmental compliance.

Secretary Rumsfeld's BRAC recommendations are due to be published by May 16. At that point the BRAC commission, led by the former Veterans Affairs secretary, Anthony Principi, will examine the recommendations.

The commission's findings are due to President Bush by Sept. 8.

The president must approve or disapprove the whole list; he cannot agree with some recommendations and disagree with others.

If he approves the recommendations, the list goes to Congress, where senators and representatives have 45 "legislative days" to enact a joint resolution of disapproval. If they do not, then the list has the force of law.

Under the BRAC statute, actions to close or realign a base must be initiated within two years of the date the president transmits the commission's recommendations report to Congress and must be completed within six years of that same date.

Action

The Action Line is an integral part of the base feedback network. Use the chain of command to address your concerns first. If you're unable to resolve the problem, call the Action Line at 754-**3247** or e-mail action.line@mcguire.af.mil.

Please leave your name and number when you call in case we need to call you for more information to address your concern.

Did you know?

The Navy used to be an active and integral part of the local airlift mission. This week in 1958, the Naval Air Transport Wing (Atlantic) activated on McGuire - bolstering a joint airlift mission that lasted until 1967. The Navy flew the C-118 and C-130E while at McGuire the encompassed the same types of trans-Atlantic airlift missions as the Air Force.

> - Information courtesy of wing historian



Best Small Paper in AMC in 2003 Printed On Recycled Paper Vol. 56, No. 19

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Photo support provided by the Base Multimedia Center

CC speaks on dying information source

By Major Jerry Helms 305th Maintenance Operations Squadron

In today's world we are inundated with information sources. We can turn on the television and have access to 24-hour news and weather. The internet provides the same capability with the addition of search engines to provide answers to just about any question you may have. With so many information sources available to us, have we forgotten about books?

When I watch the evening news or read the daily newspaper, I am aggravated at the lack of information. Sure, they tell us about the latest incidents in our Global War on Terrorism and the recent crisis that just reached its boiling point somewhere in the world, however my aggravation comes from the lack of background information or the "why" question.

Our current operations and many we have been involved with in the past several years had me asking similar questions. I listened intently to the nightly news and read every word in the newspaper, but they failed to answer my questions. The internet rendered similar results, and what I could find left me questioning the writers' sources and the entire credibility of their articles.

Where could I find a source to uncover the knowledge I sought? Sun Tzu wrote in detail of knowing your enemy. More currently, President Bush stated we are not at war against a religion, but against terrorism. So where

is the line that separates our Islamic allies from the terrorists who also practice the Islamic faith?

I finally found a book which appeared and ultimately did answer most of my questions.

Bernard Lewis wrote a short book entitled "The Crisis of Islam: Holy War and Unholy Terror." This book currently appears on the Air Force Chief of Staff's reading list. In his book, Lewis produced information describing how terrorists practicing Islam actually went against the basis of their religion, specifically in the use of suicide bombers. One of my questions was answered.

As well as

"With so many information sources available to us, have we forgotten about books?"

— Maj. Jerry Helms 305th Maintenance Operations Squadron

answering many of my questions, Lewis also opened my eyes to a difference between Western and Middle Eastern cultures. In the Western culture, specifically the United States, we are

viewed as a nation with many different religions. In contrast, the Islamic Nation is viewed as a religion with many different countries. Sun Tzu said know your enemies, but I think it is just important you know your allies. With this information I now have a better understanding of both the terrorist enemies and our Islamic allies.

As I stated earlier, Lewis answered many of my questions, and with others, I am still searching

for the answer. He also generated a few more questions. I did not take everything in his book at face value. I will have to do a little more reading before I buy into everything he wrote. I am skeptical about some of his points and information sources, but the knowledge I gained from his writings provided a new way to look at our operations.

My intention is not to write a review of Bernard Lewis' book. If that is what you are looking for, you can find one on the Air Force's website. My intention is that in the information world we live in, we do not forget about all the sources available to us.

Each source is usually directed toward a specific purpose whether it is current world events or tomorrow's weather, but there is a lot more information out there you will be missing if you do not include books. I encourage everyone to read a book this summer to increase their knowledge of world events or a book which will provide you different leadership perspectives.

While technology has provided us with vast amounts of information, do not let books become a dying information source.

Air Force officials send Armed Forces Day message

WASHINGTON (AFPN) — The following is an Armed Forces Day message from Acting Secretary of the Air Force Michael L. Dominguez and Air Force Chief of Staff Gen. John P. Jumper:

"In the first presidential proclamation for Armed Forces Day in 1950, President Truman said the day 'marks the first combined demonstration by America's defense team of its progress ... towards the goal of readiness for any eventuality.'

"The theme of that first Armed Forces Day was 'Teamed for Defense,' expressing the new unification of all the military forces under a single department of the government — the Department of Defense.

"Through more than five decades our military members — Airmen, Soldiers, Sailors and Marines — have teamed with our civilian partners to build the greatest military in the world. This joint team is 'Teamed for Defense' like never before and America's Airmen are seamlessly integral to our joint force.

"More than 25,000 Airmen — active duty, Guard and Reserve — are deployed supporting operations in Iraq, Afghanistan and around the world. On the ground, in the air and from space, Airmen bring overwhelming air and space power to bear for the joint team, for our nation, and for our allies in the war on terrorism.

"On the ground, our battlefield Airmen serve alongside infantry and special operations units, directly integrating air and space power. Airmen from 16 different combat support skills are driving trucks, providing convoy security, guarding prisoners and interrogating detainees. Airmen have refocused C-130 Hercules and C-17 Globemaster III airlift missions to reduce the number of convoys on

Iraqi roads by nearly 350 trucks a day.

"In space, we're maintaining the continuous flow of communications, surveillance, precision navigation and targeting for the joint team. At home, we continue flying more than 6,200 sorties annually, ensuring the security of our sky. "Airmen are also providing security and stability operations on the Korean peninsula and countries to the contract of the cont

terterrorism support in the Horn of Africa. Following the tragic south Asian tsunami, Airmen flew more than 15 million pounds of food, supplies and equipment into the area.

"On this Armed Forces
Day, America pays homage
to our military men and
women who have served
and are serving our country
so nobly on many fronts.
Our Airmen and their families are extraordinarily
committed to a cause much
greater than themselves.

"If you wear the uniform

of the United States military, be proud.- You have earned the respect of a grateful nation. Thank you for your sacrifice, devotion and courage.

"We are honored to serve with you. May God bless each of you, your families and our great nation."

"If you wear the uniform of the United States military be proud — you have earned the respect of a grateful nation."

Acting Secretary of the Air Force
 Michael L. Dominguez and Air Force
 Chief of Staff Gen. John P. Jumper

RRAC: Toll free number, Web site available for affected bases

Master Sgt. Mitch Gettle Air Force Print News

WASHINGTON - The secretary of defense is expected to announce the proposed Base Realignment and Closure list during a press conference today.

Air Force officials said they understand the effect BRAC can have on servicemembers, retirees, employees and their families.

To assist people with vital BRAC information, the Air Force will provide a toll-free number, (888) 473-6120, for military and civilian members affected by the BRAC list

Besides the toll-free phone number, the Air Force has an informative BRAC Web page at www.af.mil/brac.

"This number will be available starting today from 8 a.m. to 8 p.m. (EDT) until further notice," said Col. Thomas Fleming, Air Force BRAC response cell director. "We will have trained people from 10 dif-

ferent Air Force organizations to answer or assist with any questions people may have."

Airmen can seek information through their chain of command. They may also contact the public affairs office at their nearest Air Force installation.

BRAC is the congressionally authorized process the Department of Defense uses to reorganize its base structure to more efficiently and effectively support its forces, increase operational readiness and facilitate new ways of doing business.

"People are our most valuable asset; and though BRAC is a careful and impartial analysis, people will be affected," Colonel Fleming said. "We care about our people, and we want to keep our people informed and provide them the best possible information on the changes that will affect them."

The Air Force Web page will have a breakdown of affected bases from the BRAC list, said Jeff Whitted, Air Force News Service operations division chief.

"We will also have links to frequently asked questions, news articles, and DoD and Air Force information concerning BRAC," he said. "As we receive new information, we will post it to this page."

Local communities surrounding these installations will also be affected. Communities can address their concerns with the president's commission at regional BRAC commission meetings or by contacting the commission at (703) 699-2950 for more information. Phone hours are 7 a.m. to 6 p.m. EDT, Mondays through Fridays.

The BRAC process will take months to be finalized. The secretary of defense's BRAC recommendations are not final.

The president's BRAC commission will review the list for conformity with the office of the secretary of defense's force structure plan and published selection criteria and report its findings and conclusions to the president by Sept. 8.

More information on BRAC is available on the McGuire public and private Web sites. Links to both the Air Force and DoD sites can be found at http://public.mcguire.amc.af.mil/ https://private.mcguire.amc.af.mil/.



Photo by Denise Gould tenant general.

Final farewell — Above: Maj. Gen. Chris Kelly, former Air Mobility Warfare Center commander, gets sprayed with water by friend, Mike Bridge, and his executive officer, Maj. Lance Orr, in a traditional celebration of piloting his last flight of a KC-10 as commander of the AMWC, May 6. Left: At his farewell barbeque at the golf course Monday, Maj. Gen. Kelly presents a 'check' for more than \$930 to Airman First Class Dilia DeGrego, Airmen's Attic representative, Donations were collected by the AMWC members in honor of Gen. and Mrs. Kelly. Gen. Kelly departed Thursday to become Air Mobility Command vice commander. He was also selected for promotion to lieu-

Attention:

Care rendered outside safeguards may have serious impact on safe operations, personnel readiness

A growing number of Air Force personnel are taking advantage of the proliferation of Internet Physician Pharmaceutical Services to seek medical treatment.

Care rendered outside of the built-in safeguards inherent in the Military Health System may have serious impact on safe operations and personnel readiness.

Obtaining medical treatment via the Internet extremely risky. Medications may be prescribed without any medical evaluation or crosscheck for drug interactions. The credentials of the "online" physicians may be suspect. Medication handling and processing may not be in accordance with established Food and Drug

Administration guidance. Finally, the treatment rendered via the internet is often not reported to the Military Treatment Facility and is not entered into the medical record.

It's the personal responsibility of Air Force members to notify the MTF of care rendered outside the MHS within three days of treatment received. This must include any care rendered via the IPPS as well as elective care in brick and mortar settings. Current AFIs are being amended to explicitly state this requirement.

If more information is needed or you have guestions, call DSN 779-5496.

> Lt. Gen. John Baker Air Mobility Command vice commander

Team McGuire award recipients announced



Team McGuire c o m m a n d e r s congratulate the following McGuire members on being named the 2005 first quarterly award winners:

NCO of the Quarter



Tech. Sgt. Christopher Robinson NCO Academy Flight instructor

Accomplishments:

- Awarded "Fully Qualified Instructor" status enabling academy to meet Air Force student graduate number requirement
- Completed 15 hours of in-service training increasing lesson knowledge ensuring accurate curriculum
- Assisted in renovation of Mount Holly's Children's Home

Civilian Category I of the Quarter



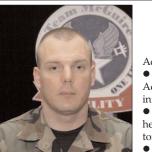
Jamie Blackwell

305th Air Mobility Wing Medical financial technician

Accomplishments:

- Identified workload loss -- recovering 40 percent of vital workload
- Accepted to Burlington Community College nursing school clinical program
- Used composite health care system to ensure workload accuracy reported to Headquarters Air Mobility Command -- a 50 percent improvement

Airman of the Quarter



Senior Airman Neil Roberti Air Mobility Warfare Center Exercise control instructor

Accomplishments:

- Started squadron-wide Cryptographical Access Program keeping all national security information protected
- Transported Eagle Flag participant with head injury to the hospital; lauded by ER doctor for quick response
- Initiated emergency procedures for three different explosives that failed to detonate

Civilian Category II of the Quarter



Larry Holdredge

305th AMW air operations specialist

Accomplishments:

- Single 305th AMW point of contact for 18th Air Force taskings of operational KC-10A missions
- Provided planning of flyaway Mobility Exercise; reworked local flying training schedule after dates changed
- Redesigned KC-10A local flying training schedule to accommodate AMC/CV's tactics certification program

Senior NCO of the Quarter



Master Sgt. Michael Cantrell 819th Global Support Squadron Mobile C2 communications NCOIC

Accomplishments:

- Equipped C2 team for immediate tsunami
- Coordinated and planned manpower and equipment needs for three separate deployments -- within one week
- Revamped continuity book and initiated a new training program creating seamless transition for new resource advisor

Civilian Category III of the Quarter



Christopher Archer 305th AMW Chief, Environmental Flight

Accomplishments:

- Worked for 13-straight days to minimize damage from a 20,000 gallon oil spill
- Provides oversight of environmental compliance for entire wing and manages monthly environmental working group
- Managed \$12 million for a myriad of programs, most of which assure compliance with federal and state legal requirements

CGO of the Quarter



Capt. Caroline Plahuta 21st Air Mobility Operations Squadron, aeromedical evac control team

Accomplishments:

- Directed efforts of 157 personnel in 40 AE unit type codes deployed to seven countries; safely evacuating 500 injured people
- Set coalition history; formed interfly agreement with Royal Australian Air Force and U.S. Air Force expanding AE airlift capabilities
- Completed 24 credits towards dual Master's with a 3.9 GPA

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Summer swimming season to start

By Tech. Sgt. Dwayne Gordon Staff Writer

As summer approaches Team McGuire members can be refreshed at the base swimming pool located in Falcon Courts North. The McGuire Family Aquatics Center opens for the season from noon to 6 p.m. May 28.

Julia Masone-Zimmerman, 305th Services Squadron recreation specialist and aquatics facility operator, said everyone is welcome to come out and utilize the facility.

Ms. Masone-Zimmerman said the lifeguards are the heart of the center. They know the seriousness of working at a pool and their motivation to improve the center never quits, she said.

Patrons can reserve the center for private parties or attend water activities like lap swimming and water aerobics.

Both private and group swimming lessons are available for everyone. Parents can register their children according to their water skill level.

"Baby and Me" is designed to teach parents and guardians how to work with their children in the water. Children ages 6 months to 4 years develop water adjustment skills, breath control and swimming readiness skills.

"Tiny Tot" is a class for children ages 2 to 4 who are at any swim level. It's tailored to the needs of the younger swimmers where time is spent working on water adjustment, floating, kicking, arm strokes and water safety.

Basic swimming classes range from level 1 to level 6 and vary by the swimmer's ability.

For example, the Level 1 class, "Intro to Water

Skills," teaches students to feel comfortable in the water. Students will learn a variety of skills, such as opening eyes underwater, exhaling underwater and floating on front and back.

Level 6 swimmers will refine strokes to swim with ease, efficiency, power and smoothness over great distances. This will prepare students to participate in more advanced courses like GuardStart or Lifeguard Training.

Those thinking about becoming a lifeguard can attend the GuardStart class for ages 11 to 14. Students will learn basic lifeguard skills like responding in an emergency, fitness and swimming skills and professionalism of a lifeguard. It's a perfect transition between learning to swim and lifeguard training, said Ms. Masone-Zimmerman.

While registration for pool passes and swim lessons have already begun, it's not too late for members to participate. Ms. Masone-Zimmerman said openings are still available; she just asks everyone to be a little patient.

Scheduled times and fees vary for pool passes and swim lessons.

Season pool passes can be purchased at the enlisted club cashier cage Monday through Thursday from 11 a.m. to 5 p.m., and Friday's from 11 a.m. to 7 p.m., or at the Airmen's Firehouse from 11 a.m. to 2 p.m. Tuesday through Friday.

Members must register for swimming lessons at the Airmen's Firehouse.

Starting Monday, pool passes and swimming lesson registration will take place at the Aquatic Center in Falcon Courts North from noon to 4 p.m. Pool passes will remain available at the Enlisted Club the entire summer.

"We've worked really hard to make the pool

worth coming to," said Ms. Masone-Zimmerman. "It's really going to be great this year!"

For more information, visit the Airmen's Firehouse or the Family Aquatics Center at Falcon Courts North after Monday or call Ms. Julia Masone-Zimmerman at 754-1483 or the Aquatic Center at Falcon Courts North at 754-3679.

Swimming lessons:

Session 1 June 27 to July 8 Session 2 July 11 to 22 Session 3 July 25 to Aug. 5

Baby and Me
11:30 a.m. to noon
Tiny Tot
11:30 a.m. to noon
Level 1, Intro to
Water 11:20 a.m. to
noon
Level 2, Fundamental
Aquatic Skills
11:20 a.m. to noon
Stroke Development:
Level 3
10:30 to 11:10 a.m.
Level 4

10:30 to 11:10 a.m.

Level 5

9:30 to 10:10 a.m.

Level 6, Swimming and Skill Proficiency
9:30 to 10:10 a.m.

Jr. GuardStart
9:30 to 10:15 a.m.

Lifeguarding:
To be determined upon enrollment
Adult and private
lessons:
To be determined upon enrollment
Swimming lesson

Swimming lesson fees:

One child, \$35 Two children \$60 More than two children, \$25 per child Adults

\$40 Private lessons \$50 for a 4-day week

McGuire legal office releases justice files for April

Courts-Martial

- An airman first class was tried by a special court-martial and found guilty of using marijuana and introducing marijuana onto the base on multiple occasions. The military judge sentenced the Airman to a bad conduct discharge, eight months confinement and reduction to the grade of airman basic.
- An airman first class was tried by a special court-martial and found guilty of using marijuana on one occasion. The court-martial panel sentenced the Airman to a bad conduct discharge, confinement for two months, reduction to the grade of airman basic and forfeiture of \$823 pay per month for two months.

Articles 15

• A technical sergeant received a suspended reduction to the grade of staff sergeant, forfeiture of \$750 pay

per month for two months, 30 days extra duty and a reprimand for failure to document aircraft maintenance discrepancies, failure to perform required aircraft maintenance inspections, failure to enter restricted areas using approved entry and exit procedures, and wrongfully soliciting Airmen to falsify aircraft maintenance forms.

- A technical sergeant received a reduction to the grade of staff sergeant, 45 days extra duty and a reprimand for committing an indecent act.
- A staff sergeant received a reduction to the grade of senior airman, suspended forfeiture of \$500 pay per month for two months, 21 days extra duty and a reprimand for assault.
- A senior airman received a reduction to the grade of airman first class, suspended forfeiture of \$500 pay per month for two months, 21 days extra duty and a reprimand for driving

under the influence of alcohol.

- A senior airman received a suspended reduction to the grade of airman first class, suspended forfeiture of \$450 pay, 30 days extra duty and a reprimand for sleeping on post.
- An airman first class received a suspended reduction to the grade of airman, forfeiture of \$773 pay per month for two months, with one month's pay suspended, 30 days extra duty and a reprimand for driving under the influence of alcohol.
- Three airmen first class received a suspended reduction to the grade of airman, restriction to base for 12 days, 12 days extra duty and a reprimand for underage drinking and possessing fireworks in the dormitory.
- An airman first class received a suspended reduction to the grade of airman, forfeiture of \$682 pay per month for two months with one

month's pay suspended, restriction to base for 15 days, 15 days extra duty and a reprimand for possessing fireworks in the dormitory and making a false official statement.

• An airman received a reduction to the grade of airman basic, suspended forfeiture of \$617 pay per month for two months, 21 days extra duty and a reprimand for failure to go and making a false official statement.

Administrative discharges

- An airman basic received a general discharge for a pattern of misconduct.
- An airman first class received a general discharge for a pattern of misconduct.
- An airman first class received a general discharge for minor disciplinary infractions.

(Courtesy of the 305th Air Mobility Wing Legal Office)

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AMC bases adopt new strategy to create responsible drinking culture, reduce negative effects of alcohol use

By Senior Airman Kelly White Staff Writer

As McGuire officials prepare for this year's launch of 101 Critical Days of Summer, they're also gearing up to promote a related initiative that's being implemented across Air Mobility Command -- the 0-0-1-3 program.

0-0-1-3, developed at F. E. Warren Air

"The 0-0-1-3

program is really

about a healthier,

more responsible

- Master Sgt. Ron Anderson

305th Air Mobility Wing

Safety office

attitude."

Force Base, Wyo., represents zero drinks under age 21, zero driving under the influence, maximum one drink per hour, maximum three drinks in one night. This guideline is a strategy to bring about a drinking culture change, thus reducing alcoholrelated incidents.

Accidents and alcoholrelated incidents tend to increase during the summer months. By implementing 0-0-1-3 in conjunction with the 101

Critical Days of Summer, base leadership is striving to help Airmen become aware of the risks of unhealthy drinking to help prevent that "bulge" of deaths that happens Air Force-wide every year, said Capt. Devin Marsh, 305th Medical Group Alcohol and Drug Abuse Prevention and Treatment program manager.

"The great news is that there's some pretty solid evidence the program has been effective in helping shape military culture in ways that will improve the health and fitness of our Airmen," he said. "By adopting a prevention campaign that informs Airmen of leadership's expectations and about the dangers of unhealthy drinking behavior, we have the opportunity to make our base community a better place to live and save lives."

The program, officially kicking off at McGuire next week, has two advantages over some of the responsible drinking efforts in the past.

"First, this program is a getting multilevel, multi-front push to saturate the awareness of the average Airman in ways we haven't before," Captain Marsh said.

It's receiving support from wing commanders and leadership from the MAJCOM level that will convey the urgency of the message to every person on base, he added.

"Second, I think planners for this program recognize that a simple, but catchy presentation works better than a fact-filled,

boring 50-slide briefing," said the captain. "The cover poster for the program has a very attractive design that looks contemporary and stylish."

Captain Marsh said he's very enthusiastic about implementing 0-0-1-3 here and believes it's already proving to be effective among McGuire members.

"0-0-1-3 is really about a healthier, more responsible attitude,"

said Master Sgt. Ron Anderson, 305th Air Mobility Wing Safety Office. "To be effective it must become a lifestyle -- guidelines we all live by."

Captain Marsh added, "It's a simple message that hopefully will attract the attention of Airmen and not be 'just another required briefing.' It's easy to understand and easy to remember. I think it has a chance to make a real difference here."

In fact, he said, 0-0-1-3 has already been presented informally in various settings, and seems to already be making a difference, as the base's ADAPT enrollment is at its lowest point in the past two years.

If members remember only four things -the four elements of the 0-0-1-3 program -then the program has succeeded, said Captain Marsh.

"And, if we can prevent just one DUI or alcohol-related driving accident or suicide attempt, it has been worth it."

McGuire 2004 ADAPT referral numbers:

A total of 104 referrals to Alcohol and Drug Abuse Prevention and Treatment program include:

- DUI: 17
- Underage Drinking: 19
- Assault: 5
- Other: 63

Self-identified: 19 Commander identified: 19 Positive Urinalysis: 1 Contributing to minors: 1 Domestic: 2 Drunk/disorderly: 11 Medical: 4 Drunk on duty: 6

• Average age: 23

Nationally, alcohol is a key factor in:

Traffic fatalities 40 percent
Assaults 72 percent
Suicides 35 to 80 percent
Sexual assaults 52 to 90 percent
Murders 50 to 76 percent
Spouse/child abuse 50 to 65 percent
Drowning 69 percent

Underage drinkers:

- More than 40 percent of underage drinkers are likely to be binge drinkers, men who drink five or more alcoholic beverages in one sitting or women who drink four or more.
- One in five binge drinkers is a frequent binge drinker.

Binge drinkers are up to 10 times more likely to:

- Be the involved in a sexual assault
- Experience serious accidental injury
- Get into trouble with police
- Engage in dangerous driving
- Have unprotected and unplanned sex
- Damage property

(Courtesy of the National Institute of Alcohol Abuse and Alcoholism)

Rules every Airman should know:

About necessary measures taken when arriving at their deployed location

In preparation for the Inspectors General exercise this fall, the following is the seventh of a series of features the Airtides will showcase through October.

This week's feature showcases "Ability to Survive and Operate" in a deployed enviroment.

ATSO describes a unit's ability

to protect, sustain, or restore an installation's mission capability.

Necessary actions must be implemented and sustained at the pre-, trans-, and post-attack phases of enemy attack using the criteria found in AFMAN 10-100.

The following is a brief summary of some measures that should be taken upon arriving at a deployed environment

Information used in this feature is courtesy of the 305th Civil Engineer Readiness Office.

For details on information used in this feature, call the 305th CES Readiness Office at 754-6208.

Expedient hardening

- Sandbagging provides expedient hardening to protect resources from conventional weapons
- Sandbags can be built into freestanding barriers.
- In Chem/Bio threat areas, to reduce the chemical contact hazard duration, use burlap bags in lieu of plastic bags (when available) as chemical agents will sorb more rapidly into burlap bags than plastic materials.
- Check with the base civil engineer before commencing any sandbag effort.
- Earth berms may be your only protection until a sandbagging plan is approved.

Sandbag wall construction

- Turn sandbags inside-out so stitching is not
- Fill bags three-fourths full with earth or a dry soil-cement mixture.
- Tuck in bottom corners after they're filled.
- Place tied-off ends and side seams away from
- Lay the first course as a header.
- Build the wall with alternating stretchers courses.
- Position sandbags so the layers have the same pitch as the base.
- Stack sandbag at a slope ratio of 1:4 or 1:5.
- Create L-shaped ingress/egress points.
- The top row should be placed as a header.

Simulated expedient hardening: When building splinter protection with sandbags (other than required hardening demonstration in 13.1.5.) use two sandbags on each corner with surveyor's tape between the sandbags at the corners to mark where the hardened walls would exist. For facilities/personnel bunkers, add two sandbags to mark the entrance During and attack if personnel are moving behind sandbags (simulated four feet in height) they must remember to keep all extremities beneath the four foot mark

Dispersal

- Spread critical assets out to maximize their survival.
- Take advantage of natural cover.
- Distribute and hide critical resources outside of the effective range of shoulder-fired weapons that enemy ground forces may possess and not along the perimeter.
- When possible, disperse assets in or near the work area they'll support.
- Ideally, each dispersal site should have at least two entry/exit routes on concrete or asphalt (if possible, due to rapid chemical agent absorption rates on these surfaces.) Don't bunch vehicles up into
- Disperse more than just vehicles. Also disperse equipment, tires, and other critical supplies. In medium and high NBCC threat areas, disperse with overhead cover and use reinforced facilities when available.
- Effective dispersal lessens the odds of contamination and damage.

Blackout

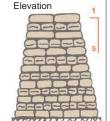
- Defines a method to limit nighttime illumination of areas, facilities, and vehicles.
- Turning off interior and exterior lights, covering doors and windows with a dark materal, creating"cat's eyes" on vehicle running lights are forms of blackout. Simulation: In all other "play areas" facilities building occupants will simulate blackout conditions by turning off all outside lights, drawing all curtains and blinds, and placing a placard in windows without blinds or a curtain indicating the building is being blacked out.

Proper Stretchers headers sandbag

TANVIA VIAVIA

building procedures

wall



Build a side slope of 1:4 or 1:5 to prevent collapse

M8, M9 paper procedures

M8 paper standard operating procedures • Place M8 paper around facilities, on vehicles and equipment items in a manner so that falling chemical droplets will come in contact with the detection

- Facilities: Place stands at a distance of 10-15 feetfrom each corner. Larger facilities may require the use of more stands as to provide full chemical detection coverage within 100 foot radius.
- Place M8 paper on four corners of the vehicle, this will allow contamination detection from any direction of approach. Equipment items use the same guidance as that for vehicles.
- Smaller equipment items may only require two pieces of M8 paper placed sufficiently to detect contamination.
- For added contamination avoidance, place three pieces M8 paper and two sheets of plastic covering in a layered manner.
- Simulation: Secure M8 paper on vehicle and equipment items with magnets. Write the date and time on the paper.
- Place a piece of tape on each side of the M8 paper to secure it but not to cover up too much of the detection source. The tape must be large enough to provide space to properly record the time/date of each inspection.
- For IGX only: Each deployed member should have three sheets of M8 paper. This will provide 24 individual pieces of M8 for detection purposes. In addition, facility and vehicle sweep teams should have access to additional sheets to complete their required tasks.

M9 paper (tape) standard operating procedures

- M9 chemical agent detector paper (tape). When MOPP Level 2 is directed each member is required to apply tape in six locations on the outside of the ground crew ensemble. Simulation: Use two inch wide masking tape in place of M9 paper.
- Do not preposition tape on the ensemble. Wait until MOPP Level 2 is directed. Place the tape on both upper arms, both wrists, and both ankles. Do not write on the tape.
- Vehicles and equipment: place M9 paper (tape) or M8 paper on the bumpers, roof and windshield of the vehicle, this will allow contamination detection from any direction of approach.
- Simulation: Use magnets with detection paper attached to it or hold it in place. Write the date and time on the paper.
- Equipment items use the same guidance as that
- Smaller equipment items may only require two pieces of M9/M8 paper placed sufficiently to detect contamination.

Road to Success

Major earns doctorate, exceeds educational expectations

By Airman 1st Class Dilia DeGrego Staff Writer

utgers University will graduate approximately 1,800 students later this month, but for one student this will be the finish line for a goal he set out to achieve more than 15 years ago.

Maj. Mark Anarumo, 305th Security Forces Squadron, once a troubled teen, will graduate later this month from Rutgers-Newark with a doctorate in criminal justice.

The "road to success" for this security forces officer was not an easy one, but he can proudly say it was worth it.

Major Anarumo has already defended his 298page doctoral dissertation on terrorist-threat forecasting, which will be released as a book, "What Are We Really Afraid Of?," at a later date

The major began down this road seventeen years earlier with a bit of a bumpy start.

"I was a mess as a teenager, despite the efforts of most people around me," he said. "I was in trouble constantly and was on track to not even graduate high school. I joined the Army during my junior year, and my life completely changed."

The then troubled teen earned his high school diploma during the summer after what would have been his senior year and headed off to the military.

After basic training, Major Anarumo was stationed in Texas and began to attend college.

"I liked it, and after a few classes I decided I wanted to go to college full



With a mortar board and a security forces beret in front of him, Maj. Mark Anarumo, 305th Security Forces Squadron, sits at a kitchen table inside his Pemberton Township home recently. Major Anarumo will graduate from Rutgers-Newark this month with his doctorate in criminal justice. As a youth he was a troubled teen and was told not to attend commencement services at his high school. He had to attend summer school classes to earn his diploma.

time," he said. "I also came to realize that I loved the military and really considered making it a career."

The major started AFROTC at Rutgers in September of 1990, but was called back to active duty in the Army for Desert Storm, and returned to school in 1991

With his goal clear in his mind, the major attended Rutgers using his GI Bill and graduated in 1994. During his commissioning process he found out he would be a security police officer. Ironic considering his somewhat "checkered"

younger days, he said.

When looking at his first PCS, he applied to the Air Force Institute of Technology, which takes a few officers each year for graduate school.

"I did pretty well on the GRE (Graduate Record Examination), and was very lucky to have been accepted," he said. "That gave me the jump-start to the Ph.D. I just earned.'

After finishing the Masters program in 1999, he did a tour at Headquarters Air Combat Command, Langley Air Force Base, Va. While he

was there he was also selected to attend the FBI National Academy and then went to Saudi Arabia to serve as the Operations Officer for the 363rd **Expeditionary Security** Forces Squadron, the largest deployed SF unit in the world at the time, he said

After this assignment he became a Team McGuire

"I've had the opportunity to work with some extraordinary troops at McGuire -- enlisted and officer, Security Forces and throughout the base agencies," the major said. "I have witnessed McGuire become one of the elite installations in the U.S. Air Force, and I'm proud to say I was part of that transition."

Throughout his career he also attended the Army Pathfinder School at Fort Benning, Ga., as the only Air Force member where he trained along side Army Special Forces and Rangers, and some Marine Corps Reconnaissance troops.

Aside from all of his accomplishments, Major Anarumo said his proudest accomplishment is his family.

"I love my job in the Air Force, and I've very much enjoyed my time as a student, but I love nothing more than being a father.

"I have four kids that mean the world to me," he added. "The challenges and rewards of being a father are far more valuable to me than anything else in my

Major Anarumo and his family will be heading to the 43rd Security Forces Squadron at Pope AFB, N.C., where he will be the squadron commander

In the future he said he hopes to command at several levels, and possibly teach at the Air Force Academy, before the end of his career.

"When the Air Force finally tells me I have to leave, I'd like to get into another form of government service," he added. "Some folks have a lot of schooling but little experience, and others have phenomenal life and work experience but never had the chance to finish school. I'd like to think that Uncle Sam would be able to use a guy with some pretty good experiences and a few degrees hanging on the wall"

In the **Spotlight**

Rank/Name: Airman 1st Class Todd Polston

Age: 23

Hometown: Sterling, Va.

Family: Father, Al Jr., Mother, Deborah, and brother, Tim

Duty title/unit: 305th Maintenance Operations Squadron aircraft

Time in the Air Force: Seventeen months

Time at McGuire: thirteen months

What I like most about

being stationed at McGuire: Being close to home

The military member who influenced my career the most is: Ensign Albert Polston, U.S. Navy, Dec. 2 1919 - Oct. 25 1944. He received the World War II Air Medal.

Airman 1st Class

Todd Polston

My proudest military moment is when: I graduated basic

Five years from now I'll: Still be proudly serving my country

Dream job: A golf course grounds-keeper

I like to pig out on: Steak and potatoes

Favorite movie: "Black Hawk Down"

Motto: Do unto others as you would have them do unto you My troop is a warrior because: Airman Polston exemplifies the prepardness and reliability expected of those in the "profession of arms." He's a team player in the McGuire community, volunteering to help out at every turn. His commitment to safety of flight for 32 KC-10s led to his selection as our aircraft component time monitor. His positive attitude and support for base members has made Airman Polston a true wingman amongst the members of Team McGuire and a rock solid asset to the Air Force

> - Master Sgt. Dave Horswell 305th Maintenance Operation Squadron

Halvorsen Dining Hall Menu

Lunch Beef Fajitas Santa Fe Chicken Mexican Pork Chop

Dinner

_asagna* Spaghetti W/Meat Sauce Sweet Italian Sausage

Tuesday

Lunch Paprika Beef* BBQ Beef Cubes Chicken Fajitas

Dinner Onion-Lemon B. Fish* Pork Schnitzel Steak

Yakisoba, Beef & Spaghetti

Lunch Crispy Bk Chicken* Cajun Meat Loaf Steak, Ribeye

Dinner Fish Almondine* Stir Fry Chicken w/Broccoli **PorkChops**

w/Mushroom Gravy

Wednesday Lunch Pita Pizzas* Country Style

Fried Chicken

Steak

Dinner Caribbean Jerk Chicken* **Beef Porcupines** Chicken Enchilada

Sunday Lunch

Tuna and Noodles Sauerbraten Chicken Brst Parmesan

Dinner Ginger BBQ Chicken* Fried Shrimp, Breaded Spinach Lasagna*

Thursday Lunch Mr. Z Baked Chicken Pepper steak Pasta Primavera

Dinner Orange-spiced Chops' Liver with onions Tempura fried fish

Monday Lunch Roast Turkey'

Baked Can Ham Fish & Fries

Dinner Swiss Steak with Tomato Sauce Baked Chicken* Simmered Knockwurst

Menu items are subject to change due to availability. For more information, call Staff Sgt. Jesse Hainley at 754-1418.

* denotes a Healthy Heart Menu item

Visit us on the web for the full 28 day menu

www.305services.com



Can Do Crew

The Can Do Crew recognizes Senior Airman Joseph Shediack, Maintenance Squadron, for his phenomenal "can do" attitude and drive to help others. He has spent countless hours of his off-duty time creating movies, computer-animated cartoons and slide shows that have been utilized at 305th Maintenance Group Knuckle Buster ceremonies, retirement ceremonies and Team McGuire Awards ceremonies. Airman Shediack pours his heart and soul into these projects and creates products that make each event special and memorable. The "Can Do Crew" is everywhere, looking for outstanding service, covertly seeking members of Team McGuire who make a difference. Remember, the strongest asset of Team McGuire is its people. They are what makes McGuire a better place to live, work and play.

What's My Line?

The rules

- 1. Write a humorous or imaginative caption or cutline.
- 2. All entries must be submitted by noon Monday. Forward e-mail to airtides@ mcguire.af.mil or drop off entries at the 305th Air Mobility Wing public affairs office.
- 3. Entries are limited to two per person.
- 4. The person with the funniest or most imaginative caption or cutline gets a 305th Services Squadron Gold Card, which includes a variety of freebies, such as a lunch at Pudgy's and a free round of golf.
- 5. Each winner can pick up his or her prize in Room 222 of Building 2901. For more information on the contest, call Airman 1st Class Rachel Martinez at 754-8619



Write a caption or cutline for this photo. The writer whose caption or cutline is the funniest or most imaginative will be printed in the following week's issue. The winner receives a 305th Services Squadron Gold Card.



Winner: "Well, that's one way to kill a camel spider." - Airman 1st Class Jason Wolfe 605th Aircraft Maintenance Squadron

Runner up: "If you can't get the fish to bite, use dynamite." - Staff Sgt. Samuel Young 421st Combat Training Squadron

At the **Movies**

Today

Bruce Willis and Mickey Rourke star "Sin City." Sin City is a violent city where the police department is as corrupt as the streets are deadly. There's the street thug Marv whose desperate quest to find the killer of a prostitute named Goldie will lead him to the foulest edges of town. Inhabiting many of those areas is a photographer in league with the sordid ladies of Sin City, headed by Gail who opens up a mess of trouble after tangling with a corrupt cop by the name of Jackie Boy. Finally, there's Hartigan, an ex-cop with a heart problem who's hell-bent on protecting a striper named Nancy. Show time is 7:30 p.m. Rated R.

Saturday

Oueen Latifah and Alicia Silverstone star in "Beauty Shop." Gina Norris is a long way from the Barbershop -- she's moved to Atlanta so her gifted daughter can attend a prestigious music school and made a name for herself at a posh salon. But, when her egotistical boss takes credit for her work, she leaves the salon to open a shop of her own. Gina buys a rundown salon and inherits a motley group of headstrong stylists, a colorful clientele, and a sexy piano-playing electrician. It's a rocky road to fulfilling her dreams, but you can't keep a good woman down. Show time is 7:30 p.m. Rated PG-13

May 20 "Fever Pitch" Rated PG-13

May 21 "The Upside of Anger"

Rated R

Ticket prices: Adults \$3.50, children \$1.75.



Photo by Airman 1st Class Dilia DeGrego

A masked formal event — McGuire members dance around the enlisted club ballroom May 6 during the Airmen's Activity Committee's annual ball to help raise money for a specific non-profit organization. This year's donation went to the Big Brother and Big Sisters of New Jersey. More than 70 people attended the ball.

Career and **Education**

Burlington County College is accepting registrations for Summer 1 term. Registration deadline for the term is today. Term dates are Monday to July 6. To register, visit Building 1911, Room 209, call 754-2577 or email Teresa Burke at tburke@bcc.edu.

Summer 1 courses include: • 5:30 to 8:30 p.m. Monday

and Wednesday ENG 101, College Composition I; PSY 101, General Psychology I; BIO 103, General Biology I; CIS 101, Introduction to Computers; SOC 101, Principles of Sociology.

• 5:30 to 8:30 p.m. Tuesday and Thursday

BUA 205, Business Law I; HIS 101, U.S. History I; MTH 107, Introduction to Statistics; PSC 105, Physical SPE 102, Public Speaking.

•Lunch time courses are scheduled 11 a.m. to 1 p.m. Tuesdays, Wednesdays and Thursdays:

PHI 101, Introduction to Philosophy; SOC 205, Marriage and the Family.

Embry-Riddle

Registration for the 05/U2 term will begin May Monday through May 27. Add/drop period is from June 1 to 3. Classes start the week of May 30 through July 29. No classes will be held May 30. The following classes are being offered: Undergraduate Classes: MATH 211, Statistics

w/Aviation Application (Monday) MGMT 333 Personal Financial Planning (Tuesday) MATH 106, Basic Algebra Trig (Wednesday) ASCI 254, Aviation Legislation (Wednesday) SPCH 219, Speech (Thursday) PSYC 350, Social Psychology (Thursday) SFTY/ASCI 435 Aircraft

Crash Survival and Design (Saturday format at Willow Grove)

AMNT 260 Aircraft Electrical Systems Theory (Monday at

Willow Grove) Graduate Classes: ASCI 609, Aviation Maintenance Management (Monday) ASCI 622, Corporate Aviation (Wednesday) ASCI 514, Computer-Based Instruction ASCI 690 Graduate Research Project Class confirmation contingent upon adequate enrollments. All classes meet from 5 to 9:45 p.m. Office hours are: 9 a.m. to 5 p.m. Mondays through Thursdays and 9 a.m. to 1 p.m. Fridays. For more information, call 754-5353. The ERAU office will be closed in May 30.

Guard vacancies

The 108th Air Refueling Wing has traditional Guard vacancies in the following career fields: 2A5X1, 2A5X3, 2A6X1, 2A6X2, 2A6X4, 2A6X5, 2A6X6, 2A7X1, 2A7X2, 2A7X3, and 2A7X4. For more information, contact Master Sergeant Joseph Ramirez at 754-2332 or joseph.ramirez@njmcgu.ang.af.mil

Educational Fair

McGuire Education Center

is hosting an Education Fair 10 a.m. - 2 p.m. June 8 in the enlisted club, Building 2508. This event is open to all active duty, Guard, Reserve, retirees, civilians and family members. An education counselor will be available and light refreshments will be served.

- Tech. Sgt. Brian Williams, 605th Aircraft Maintenance Squadron, will retire during a ceremony at 3:15 p.m. today in the 2nd Air Refueling Squadron auditorium, Building 1835. For details, call Senior Master Sgt. Byron Weigel at 754-3654.
- Senior Master Sgt. Douglas Rosette, 32nd Air Refueling Squadron, will retire during a ceremony at 2 p.m. May 20 in the 32nd ARS auditorium, Building 1828. For details, call Master Sgt. George Calloway at 754-6576 or Master Sgt. Kelly Shaw at 754-5576.
- Master Sgt. Steve Henry, 305th Air Mobility Wing, will retire during a ceremony May 20 at 3 p.m. in the officers' club Colonial room.
- Chief Master Sgt. Hector Carrion will retire during a ceremony at 10 a.m. June 3 at the officer's club. Dress will be uniform of the day. For more information or to R.S.V.P., call Master Sgt. Steven Pesut at 754-2869 no later then May 27.
- Master Sgt. Beverly Varnadore, 305th Logistical Readiness Squadron, will retire during a ceremony at 3 p.m. June 10 in the officers' club ballroom. For more information, call Master Sgt. Shelia Stephens at 754-1384.
- Tech. Sgt. Shawn Savage Sr., 305th Logistics Readiness Squadron, will retire during a ceremony at 3 p.m. June 17 at the enlisted club. A reception will follow at 6 p.m. at the Ramada Inn

in Bordentown. R.S.V.P. to Staff Sgt. LaShawndra Maloney at 754-8170 or Tech. Sgt. Raymond Moody at 754-1199 no later than June 8. Cost is \$5 per person. • Tech. Sgt. Raymond Moody, 305th Logistics Readiness Squadron, will retire during a ceremony at 3 p.m. June 17 in the enlisted club. For more details, call Tech. Sgt. Shawn Savage at 754-1383. A reception will follow at 6 p.m. at the Ramada Inn in Bordentown; cost is \$5. Call 754-8170 to R.S.V.P for reception.

Misc.

McGuire Thrift Shop

- The thrift shop is seeking applicants for the position of thrift shop manager. For more details, call 754-2368.
- Thrift shop hours are from 10 a.m. to 2 p.m. Wednesday, Thursday and Friday and 10 a.m. to 6 p.m. the third Wednesday of each month. Consignments are accepted 10 a.m. to noon only. The thrift shop is also open the first and third Saturday but does not consignments, only furniture on these days. The shop is located in Building 3446 on Broidy Road. All proceeds from the Thrift shop benefit the McGuire Officers' Spouses' Club Scholarship Fund and other McGuire community charities.

Lakes and Pines MOAA

The Lakes and Pines Chapter of the Military Officers Association of America will hold its monthly meeting at 5 p.m. Thursday at Club Dix. The guest speaker, John Nash, Warden of the Ft. Dix Federal Correction Institution, will follow at 6:30 p.m. All officers are invited to attend. For further information contact John Chernoski, USNR (Ret.) at (609) 883-1644 or at jchernoski@comcast.net.

South Jersey MOAA

The South Jersey Chapter of

the Military Officers Association of America will hold its bi-monthly luncheon meeting June 8 at The Renaissance Room, Turnersville, N.J. The guest speaker will be Richard Williams, Winslow Operations Chief, Connective Power Delivery. For details contact John Desiderio, at (856) 589-5461.

Airmen's Attic

- The Airmen's Attic is open 10 a.m. to 2 p.m. Mondays, Wednesdays and Fridays. Clothing for children who wear infant to size 6x, seasonal items, new and used furniture, appliances and more are available to service members E-4 and below and their spouses. The Attic is located at 3446 Broidy Ave. For more information, call 754-8703 or 754-2024.
- The Airmen's Attic will host its monthly all ranks open house May 23.

McGuire 56

The McGuire 56 will be holding its monthly general membership meeting at 3 p.m. Wednesday in the enlisted club. For more information, call Tech. Sgt. Jennifer Best at 754-4704 or Staff Sgt. Josh Copeland at at 754-3239.

Enlisted spouses club

The McGuire Enlisted Spouses Club meets at 7 p.m. the fourth Wednesday of every month in the Enlisted Club. For more information, call Carrie Ann Hebert, president, at 723-7032. The club will hold their annual scholarship and installation banquet May 20. call Valerie Webster at 723-4629 by today to R.S.V.P.

Kids and Teens

Club Beyond

Club Beyond is a high school meeting with big group games, individual games and skits. It's similar to Young Life meetings. High school meetings are scheduled for 7:30 p.m. Tuesdays and Club Junior High, for junior high youth, meet at 7 p.m. Wednesdays. For details, call Scott Schesser at 754-5904 or visit club@dandy.net.

Midnight basketball

Youth center midnight basketball is scheduled from 10 p.m. to midnight Fridays. There is no cost to play. For details, call 754-KIDS.

Dance Class

Tap, jazz, ballet and acrobatics classes are available for children of various ages at the youth center. Classes are 10 a.m. for 4- to 5-year-olds, 11 a.m. for 3- to 4-year-olds and 5:30 p.m. for 6 to 8-year-olds. Cost is \$30 per month.

Self Improvement

Interview skills workshop

BCC job placement office in partnership with the Fort Dix Army Community Service is hosting a free job interviewing skills workshop 11:30 a.m. to 12:30 p.m. Tuesday at the Fort Dix education center, Building 5403. Contact Teresa Burke at 754-2577 or send an e-mail to tburke@bcc.edu for seating availability. Seating is available for 30.

Resume writing seminar

A civilian resume writing seminar is scheduled from 10 a.m. to noon May 24 at the FSC. Attendees learn how to develop a resume, prepare a cover letter, identify employable volunteer skills, and more. For more information, call 754-3154.

Banking services

A "checking and other banking services" seminar is 9 to 11 a.m. Thursday at the FSC. Participants will learn how to maintain a checking account and other services available for managing finances. Registration is required. For more information and to register, call at 754-3154.

Family

Support group

The next Hearts Apart Support Group breakfast buffet is from 9 to 10 a.m. Saturday at the FSC for family members affected by deployment, remote, or extended TDY of the military member. Attendees are invited to welcome spring by decorating a bird house to take home. Reservations are required to ensure sufficient menu items and activity supplies. For more information, call 754-3154.

Playgroup

Playgroups are scheduled from 11 a.m. to 12:30 p.m. Mondays for children 18 months to 3 years of age at CDC I and 11 a.m. to 12:30 p.m. Wednesdays for children birth to 18 months at CDC I. This informal group setting allows children to play while parents socialize with one another.

Early pregnancy class

A wide variety of topics are presented and discussed to help prepare parents for what to expect throughout pregnancy. Guest speakers include experts from: pediatrics, physical therapy, dental, TriCare, public health, nutritionist and family advocacy scheduled from 9 to 11:30 a.m. the second Monday of each month. Call 754-9680 to register.

Fathers to be

This class is designed to prepare fathers-to-be for their role as a new daddy. The class is taught by dads, for dads. Class is from 5 to 6:30 p.m. the third Thursday of every month. Call 754-9680 to register or for more information.

Marriage with babies

This class is for new and

expectant parents to learn how a new baby impacts their marital relationship. Class is offered quarterly from 6:30 to 8:30 p.m. the first Friday of each month at CDC I. Register by calling 754-9680.

Spiritual

Catholic services

Mass is 11:35 a.m. Monday through Thursday, 5 p.m. Saturdays and 9 a.m. Sundays at Chapel I. For information, call the chapel at 754-HOPE.

Islamic community

Zhur prayer service is noon Monday through Friday at the Fort Dix Chapel. For information, call the chapel at 754-HOPE.

Jewish community

Jewish community Sabbath worship is 6:30 p.m. the first and third Friday of each month at the Fort Dix Chapel.

Protestant services

A Traditional service is at 8 a.m. Sundays at Chapel II. A Gospel service is at 11 a.m. Sundays at Chapel I. The Evangelical service is at 11 a.m. in Chapel II. For information, call the chapel at 754-HOPE.

Wiccan

A study group meets at 6:30 p.m. the first Tuesday each month in the Chapel II conference room. For information, call the chapel at 754-HOPE.

OCF

The Officers' Christian Fellowship meets for Bible study at 6:30 p.m. the first and third Monday of every month at Chapel II. For information, call the chapel at 754-HOPE.

Reformation Group

A men's Reformation study group is 11:45 a.m. Fridays at the officers' club. For information, call the chapel at 754-HOPE.

Team McGuire on the street

What is your earliest memory?



Lt. Col. Del Grissom 305th Air Mobility Wing Judge Advocate

"My earliest memory is going to the beach in Hawaii with my family."



Junius Harvey 305th Mission Support Squadron "One of my earliest memories is seeing the Pittsburgh Steelers win the Super Bowl."



Staff Sgt. Eugene Evens 305th Aerial Port Squadron "My earliest memory is of my grandmother holding me in her lap as the family drove to Wal-mart."



Master Sgt. Daniel Roken 305th Mission Support Squadron "My earliest memory is of my mother walking around the house singing. I remember hearing her voice."

- 1. Bar bill
- 4. Prohibit
- 7. Chinese action star Li
- 10. Hawaiian city
- 11. Made a mistake
- 13. After school snack
- 15. Fe on periodic table
- 16. Island country of southern
- Pacific included in API month
- 17. Hurt
- 18. Mil. field doctors
- 20. Czech Republic natives
- 22. Expression of triumph
- 24. Mining result
- 25. Japanese-American MOH recipient/Senator Daniel
- 28. Not a chance!
- 32. Bank insurer
- 33. Shiny fabric
- 35. Music group Sha_
- 37. Credit, as in research
- 38. Mil. area separating ROK/DPRK

April 22 answers

PAUSE

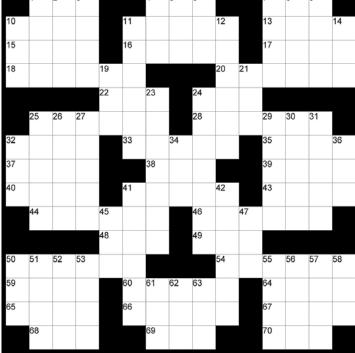
MOS

- 39. General's helper
- 40. Mrs. Dithers in Blondie
- 41. Liaison

- 43. Coll. teacher
- 44. Tennis player Seles
- 46. Grovel
- 48. Dog star __ Tin Tin
- 49. Crazy ___ loon
- 50. Deposited a check
- 54. Breath
- 59. Sad
- 60. Model
- 64. Mil. quick
- 65. Oracle
- 66. USN first woman gunnery officer
- Asian-American Susan Ahn ___
- 67. Columbus ship
- 68. First Chinese American officer in USMC Carl Wilbur _
- 69. SECDEF's office symbol
- 70. Gallivant

Down

- 1. Ripped
- 2. Head movement (2 words)
- 3. Disallow
- 4. Women's swimsuit part
- 5. Appendage
- 6. Mil. movement of noncombatants
- 7. Filipino Army Sgt. __ Calugas;
- WWII MOH recipient
- 8. Japanese-American Gen. Shinseki; former Army Chief of Staff
- 9. Type of AF Sgt.
- 10. First Asian-American to command combat battalion COL Young
- 11. Editorials
- 12. Synthetic fiber
- 14. Approves, in short
- 19. Chinese-American USECDEF for
- Personnel Dr. David S.C. _ 21. Pulp Fiction character
- 23. Honcho



By 1st Lt. Tony Wickman

- 24. First Asian-American in space Japanese-American Ellison
- 25. Tongue
- 26. Containing the univalent group NO2
- 27. Pacific ____; water surrounding API month countries
- 29. Unsuitable
- 30. Egyptian city
- 31. Fund
- 32. Fed. communications watchdog
- 34. Mil. moving organization
- 36. USAF deployment set
- 41. Sour or tart
- 42. Happily

- 45. Fury
- 47. Pale 50. NBC rival
- 51. Pub orders
- 52. Middle East canal
- 53. X marks the spot
- 55. First Civil War Asian-American
- USN enlistee William Ah _ 56. Continent/region from where
- most APIs hale
- 57. Touch down, as in a plane
- 58. Fed. environment watchdog
- 61. Couple
- 62. Norton and Harris
- 63. Compute